

Multiple Offender  
DUI Program

# MOD

*Effective Alternative  
Treatment for  
Multiple DUI Offenders*



Boulder County Community  
Justice Services, Sheriff's  
Department, and 20<sup>th</sup> Judicial  
District



**Community Justices Services**  
Justice Center, 6<sup>th</sup> and Canyon  
Boulder, Colorado 80306  
**303-441-3808**  
**303-441-3318**

## WHAT IS THE MOD PROGRAM?

The Multiple Offender DUI Program is an enhanced substance abuse treatment program for offenders with three or more DUI violations. The program is cognitive-behavioral and emphasizes problem solving, motivational enhancement, relapse prevention strategies, anger management, life skills development, and community reinforcement approaches.

## HOW LONG IS THE MOD PROGRAM AND WHAT DOES IT INVOLVE?

MOD is a year-long program beginning with intensive supervision followed by increasing levels of client responsibility. It is a client-centered, change-oriented program that meets the requirements for Track D education and therapy. This unique, specifically tailored program consists of three phases:

**Phase I** clients spend 84 days incarceration in work release at the Boulder County Jail, attending classes four nights per week. Classes are presented on a rotating 12-week basis, and offer instruction and homework in cognitive-behavioral skills, problem solving, thinking errors, coping skills, life management, and relapse prevention. Interactive journaling is used to increase retention, engagement and comprehension

**Phase II** clients live in their community and report daily for up to 84 days to BI Day Reporting Center. During this time clients are on monitored Antabuse, and/or twice daily breath tests, and random UA's at BI, and attend Reasoning and Rehabilitation groups two times a week for 17 weeks. Clients also attend a weekly Friday night sober support group.

**Phase III** clients progress to probation and continue with sobriety monitoring for six additional months. Following the completion of R & R, they

attend 12 weeks of anger management, and attend 9 weeks of combined Relapse Prevention & Life Management classes one night a week. Lastly, clients attend 3 - 4 social skills meetings on Thursdays of each month.

Graduation is open to family members and friends. Those who complete the program receive a certificate.

## DO I RECEIVE LEVEL II EDUCATION AND THERAPY CREDIT FOR COMPLETING THE MOD PROGRAM?

Yes, the program is licensed to issue specific treatment that satisfies Level II education and therapy requirements. A discharge report summary (DRS) will be sent to DMV, Probation, and made available to the client.

## WHY SHOULD I CONSIDER ATTENDING THE MOD PROGRAM?

The MOD Program is carefully designed to provide you with effective skills to eliminate problematic behavior. The program promotes critical thinking and encourages the goal of sobriety. MOD emphasizes learning new ways to think and behave that can assist you in dealing with the stressors of life without resorting to drinking or drugging. Sober support is available throughout the year.

## WHO TEACHES THE MOD CLASSES?

MOD therapists are Certified Addiction Counselors who utilize cognitive-behavioral therapeutic techniques and practice a motivational interviewing style. They are trained in the latest evidence-based model for DUI offender education recently approved for Colorado by ADAD.

## HOW MUCH DOES THE MOD PROGRAM COST?

The cost for the program is \$830, which is far less than you would pay for treatment in the private sector. A payment plan can be arranged to meet the needs of those with financial hardship. Generally, payment is expected in the following manner: \$210 by the end of Phase I, \$210 by the end of Phase II, and \$410 by completion of Phase III. Costs for the MOD Program do not include the fees charged by the jail, Day Reporting, and courts, nor monitored sobriety expenses.

## HOW DO I FIND OUT MORE ABOUT THE MOD PROGRAM?

You can call the MOD Program Coordinator, Karlene Dancingswolf, CAC III, at 303-441-3808; Jean Gehring, MSW, CAC II, Case Manager at 303-441-3318; or Tom Bourdelais, MA, CAC III, Case Manager at 303-441-4877; or contact Boulder County Community Justices Services at 303-441-3690 for additional information.

*Clients can be referred by the Courts, Probation, or Work Release.*



***What our former clients have to say . . .***

“Because of MOD I have a more serious outlook on my future.”

“I’m now dealing with my past problems, more focused on my kids and their activities, and I’m getting back to playing music.”

“I learned to control my anger, I’m back with my family and I just feel a whole lot better.”

“I am using my money better. My thinking is clearer; better decision making.”

“I now have improved self-control and motivation.”

“I learned to make wiser decisions about everything in general, not just drinking and driving, and I learned more self-control.”

“I learned refusal skills and gained a better look at how to change my life regarding drinking.”

“I learned to be sober, to plan my finances better, I’m not so stressed out in life. I’m now planning and goal setting and finding out who I am and who my friends are. MOD helped me handle stresses differently, and gave me the opportunity to learn how to enjoy sobriety.”

“I have much clearer thinking, realizing I don’t need alcohol to live my life.”

According to data from the National Highway Traffic Safety Administration:

*In 2000, America experienced the largest percentage increase in alcohol-related traffic deaths on record.*

*-17,380 people were killed in alcohol related crashes-and average of one every half-hour.*

*-These deaths constituted approximately 41 percent of the 41,945 total traffic fatalities.*

*In 2001, 17,448 people were killed in crashes involving alcohol.*

*-These deaths represented 41 percent of the 42,116 people killed in all traffic crashes.*

*Of the general driving age public, 98 percent see drinking and driving as a threat to their personal safety, and 86 percent feel it is very important to do something to reduce the problem.*

*About three in every ten Americans will be involved in an alcohol related crash at some time in their lives.*

We are here to help you reduce these statistics – we care about your wellbeing and the safety of those around you!